

Daily Affirmations

TO MOTIVATE AND INSPIRE

☆☆ I AM HAPPY AND HEALTHY

☆☆ I AM CONFIDENT AND STRONG

☆☆ I AM ALLOWED TO SAY 'NO' TO OTHERS AND
'YES' TO MYSELF

☆☆ I ACCEPT AND LOVE MYSELF, JUST THE WAY I
AM

☆☆ I AM IN CONTROL OF MY BEHAVIORS AND
MY ACTIONS

☆☆ I WILL ORGANIZE MY PRIORITIES

☆☆ TODAY, I AM OPTIMISTIC

☆☆ I GO TO GOD FIRST

☆☆ I AM INSPIRED

☆☆ I AM ENOUGH